



## ANNUAL REPORT







#### INTRODUCTION

For the last two decades, the MHMR Foundation has proudly served as the 501(c)(3) partner of My Health My Resources (MHMR) of Tarrant County. Established in 2001, the Foundation's main goal is to ensure the availability of high-quality services, raise community awareness about behavioral health, early intervention, and intellectual & developmental disabilities, and secure funding to support additional services that improve the lives of those served by MHMR. Throughout the years, we have positively impacted the lives of over 70,000 people through our dedicated programs and initiatives.

#### **FOUNDATION OVERVIEW**

#### **MISSION**

The MHMR Foundation raises funds and fosters community support for the people and programs of My Health My Resources (MHMR) of Tarrant County.

#### **2024 HIGHLIGHTS**

- In-kind contributions to MHMR's programs and services totaled \$120,928
- Grant funding for MHMR programs and services totaled over \$1.3 million
- The Foundation's revenue exceeded \$1.1 million



### IMPACT SNAPSHOT



14,863
PEOPLE SUPPORTED

100

Social activities and outings.

498

Veterans supported.

113

Youth participated in therapeutic camps and equine therapy.

450

People with mental health needs assisted at the Community Center. 24

Birthday celebrations for for group home residents.

2,651

Patients in recovery participated in yoga classes.

# WETHOUS CONTINUE TO CHANGE LIVES



#### MHMR Foundation **Board of Directors**

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MHMR Foundation 3840 Hulen St. Fort Worth, TX 76107 817.569.4738 www.MHMRFoundation.org



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