



2023

ANNUAL REPORT

HELPING 15,000 PEOPLE



mhmr foundation

WE help CHANGE LIVES

www.MHMRFoundation.org

INTRODUCTION

For more than 20 years, the MHMR Foundation has been the 501(c)(3) partner of My Health My Resources (MHMR) of Tarrant County. Since its founding in 2001, the Foundation's primary purpose is to ensure the availability of quality services; to heighten awareness within our communities of behavioral health, early intervention and developmental disabilities; and to acquire funds that underwrite supplemental services to enhance the lives of people served by MHMR.

FOUNDATION OVERVIEW

MISSION

The MHMR Foundation raises funds and fosters community support for the people and programs of My Health My Resources (MHMR) of Tarrant County.

2023 HIGHLIGHTS

- Total Foundation revenue topped more than \$1.8 million.
- Grant support for MHMR programs and services increased to more than \$1.6 million.
- In-kind investment in MHMR's programs and services totaled \$63,600.



IMPACT SNAPSHOT



15,102
PEOPLE SUPPORTED

430

Veterans supported.

500+

People with mental health needs assisted at the Community Center.

2190

Patients in recovery participated in yoga classes.

90

Social activities and outings.

127

Youth participated in therapeutic camps and equine therapy.

36

Birthday celebrations for group home residents.

WE THANK YOU
FOR YOUR CONTINUED SUPPORT OF
OUR PROGRAMS



mhmr foundation
WE *help* CHANGE LIVES

MHMR Foundation Board of Directors

Dr. Heather Hughes, Chair
Dr. Adam Baggs, Vice Chair
Amanda Schulte Tacke, Treasurer
Rachel Jones, Secretary
P. Andrew Robinson, Past Chair
Dennis Alexander
Cynthia Hicks Brown
JD Dargai
Kathy Johnson
Rane Wallace
Michele Sanchez-Soriano
Sophie Tel Diaz

Dustin Van Orne, Board Member Emeritus
Konnie Darrow, Board Member Emeritus

Brandon Teague, MHMR Board of Trustees Liaison
Susan Garnett, MHMR CEO, Ex-Officio
Catherine Carlton, CEO Liaison

Dr. Twanda Wadlington, Executive Director
Houssein Mouhoumed, Support Specialist

MHMR Foundation
3840 Hulen St.
Fort Worth, TX 76107
817.569.4738
www.MHMRFoundation.org

 MHMRtarrant

Stay Connected  mhmr_tarrant

 mhmr-of-tarrant-county

